## I CLAIM:

1. A body harness for carrying a long gun having a forward portion and a butt portion, the body harness comprising:

- a first strap having a first end and a second end;
- a first attaching device coupled to the first end of the first strap, the first attaching device adapted to attach the body harness to the forward portion of the long gun;

a second attaching device coupled to the second end of the first strap, the second attaching device adapted to attach the body harness to the butt portion of the long gun;

a second strap having a first end and a second end;

a first buckle member slidably mounted proximate to the first end of the first strap and slidably mounted proximate to the first end of the second strap, the first buckle member adjustably coupling the first strap to the second strap at a first location of the body harness; and

a second buckle member slidably mounted proximate to the second end of the first strap and slidably mounted proximate to the second end of the second strap, the second buckle member adjustably coupling the first strap to the second strap at a second location of the body harness, the first strap extending between the first and second location forming a first body harness portion, the second strap extending between the first and second location forming a second body harness portion.

- 2. The body harness of claim 1, wherein the first body harness portion and the second body harness portion are adapted to pass substantially simultaneously over a first shoulder and a second shoulder of an individual for carrying the long gun on the back of the individual in a backpack position with the first body harness portion adapted to extend over the first shoulder and the second body harness portion adapted to extend over the second shoulder.
- 3. The body harness of claim 1, wherein the first body harness portion and the second body harness portion are adapted to extend in a superimposed relationship for passing over a first shoulder of an individual for carrying the long gun on the first shoulder of the individual in an over the shoulder position with the first

body harness portion and the second body harness portion adapted to extend over the first shoulder.

4. The body harness of claim 1, comprising:

a third buckle member slidably mounted to the first strap to form a first loop, the first loop formed by folding an end portion of the first end of the first strap upon itself; and

a fourth buckle member slidably mounted to the first strap to define a second loop, the second loop formed by folding an end portion of the second end of the first strap upon itself.

- 5. The body harness of claim 4, wherein the first attaching device comprises a first sling swivel having a first aperture extending therethrough and a first mounting element, the first aperture adapted to receive a first ring coupled to the first loop, the first mounting element adapted to pivotally engage a first sling swivel stud, the first sling swivel stud adapted to be fixedly mounted to the forward portion of the long gun.
- 6. The body harness of claim 4, wherein the second attaching device comprises a second sling swivel having a second aperture extending therethrough and a second mounting element, the second aperture adapted to receive a second ring coupled to the second loop, the second mounting element adapted to pivotally engage a second sling swivel stud, the second sling swivel stud adapted to be fixedly mounted to the butt portion of the long gun.
  - 7. The body harness of claim 4, wherein the first strap comprises:

a first segment, the first segment of the first strap including the first loop of the first strap, the first segment of the first strap passing through the first buckle member at the first location;

a second segment having a first end and a second end, the first end of the second segment of the first strap fastened to the first segment of the first strap at an end opposite to the first loop, the second segment of the first strap including a first pad with a non-slip surface;

a third segment fastened to the second end of the second segment of the first strap; and

a fourth segment adjustably coupled to an end of the third segment of the first strap opposite to the second end of the second segment of the first strap, the fourth segment of the first strap including the second loop of the first strap, the fourth segment of the first strap passing through the second buckle member at the second location.

- 8. The body harness of claim 7, wherein the first strap further comprises a first buckle adjustment clip sized to receive the third and fourth segments of the first strap, and wherein the first buckle adjustment clip is configured to adjust the length of the fourth segment the first strap.
- 9. The body harness of claim 7, wherein the second strap comprises:
  a first segment, the first segment of the second strap passing through the first buckle member at the first location;

a second segment having a first end and a second end, the first end of the second segment of the second strap fastened to the first segment of the second strap, the second segment of the second strap including a second pad with the non-slip surface;

a third segment fastened to the second end of the second segment of the second strap; and

a fourth segment adjustably coupled to an end of the third segment of the second strap opposite to the second end of the second segment of the second strap, the fourth segment of the second strap passing through the second buckle member at the second location.

- 10. The body harness of claim 9, wherein the second strap further comprises a second buckle adjustment clip sized to receive the third and fourth segments of the second strap, and wherein second buckle adjustment clip is configured to adjust a length of the fourth segment of the second strap.
- 11. The body harness of claim 9, wherein the length of the second segment of the first strap is shorter than the length of the second segment of the second strap by a predetermined length value.
- 12. The body harness of claim 11, wherein the predetermined length value is three-eighths of one inch.
- 13. The body harness of claim 9, wherein the non-slip surface comprises a non-slip velour material surface.

14. The body harness of claim 1, wherein each of the first strap and the second strap comprises a nylon material.

- 15. The body harness of claim 1, wherein each of the first strap and the second strap comprises a leather material.
- 16. The body harness of claim 1, wherein the body harness further comprises a removable pouch slidably coupled to the second strap.
- 17. A body harness for carrying a long gun having a forward portion and a butt portion, the body harness comprising:

a first strap having a first attaching device at a first end and having a second attaching device at a second end, the first attaching device adapted to attach the body harness to the forward portion of the long gun, the second attaching device adapted to attach the body harness to the butt portion of the long gun;

a second strap having a first end and a second end;

a first buckle member slidably mounted proximate to the first end of the first strap and slidably mounted proximate to the first end of the second strap, the first buckle member adjustably coupling the first strap to the second strap at a first location of the body harness; and

a second buckle member slidably mounted proximate to the second end of the first strap and slidably mounted proximate to the second end of the second strap, the second buckle member adjustably coupling the first strap to the second strap at a second location of the body harness, the first strap extending between the first and second location forming a first body harness portion, the second strap extending between the first and second location forming a second body harness portion.

18. The body harness of claim 17, comprising:

a third buckle member slidably mounted to the first strap to form a first loop, the first loop formed by folding an end portion of the first end of the first strap upon itself; and

a fourth buckle member slidably mounted to the first strap to define a second loop, the second loop formed by folding an end portion of the second end of the first strap upon itself.

19. The body harness of claim 18, wherein the first attaching device comprises a first sling swivel having a first aperture extending therethrough and a first

mounting element, the first aperture adapted to receive a first ring coupled to the first loop, the first mounting element adapted to pivotally engage a first sling swivel stud, the first sling swivel stud adapted to be fixedly mounted to the forward portion of the long gun.

20. The body harness of claim 18, wherein the second attaching device comprises a second sling swivel having a second aperture extending therethrough and a second mounting element, the second aperture adapted to receive a second ring coupled to the second loop, the second mounting element adapted to pivotally engage a second sling swivel stud, the second sling swivel stud adapted to be fixedly mounted to the butt portion of the long gun.